



Waterbeach Community Primary School

Curriculum Capture for Year 1/2 PSHE: Safety Contexts

Key Knowledge and Skills

When is it important to stay safe?	Dangers of Road Traffic
<p>There are many situations that the children may be in where it is important to keep safe.</p> <ul style="list-style-type: none"> crossing the road, playing in the park, at school, at the swimming pool, in town, in the kitchen.  <p>Whether a situation is safe or not always depends on the circumstances, if you are unsure then it is always best to check with an adult if a place is safe to play in.</p> <p>Remember accidents may happen, we can often take steps to stop accidents from happening if we are careful and think ahead e.g.</p> <ul style="list-style-type: none"> Don't wear loose clothes; Wear shoes with a good grip; Make sure an adult knows where they are and when they'll be back 	<p>Traffic include cars, lorries, vans, buses, bicycles, motorbikes, coaches, mobility scooters.</p> <p>We often hear a vehicle before we see it and that it is difficult to judge speed.</p> <p>It is important to find a safe place to cross, you could use a crossing such as puffin, zebra, subway, islands etc.</p> <p>You could;</p> <ul style="list-style-type: none"> hold an adult's hand, hold the side of a buggy, stop at driveways, don't mess around, walk on the side of the pavement furthest from the road. Do not walk out from behind parked cars.  <p>'Stop Look and Listen': Stop before the kerb, don't get too close to traffic. Look! In all directions and Listen is their any traffic coming.</p>

Sun Danger	Water Danger
<ul style="list-style-type: none"> getting burnt, getting too hot, getting dehydrated.  <p>These dangers are not just about feeling uncomfortable in the short term, but that they can cause long-term illness.</p>  <p>To keep safe in the sun;</p> <ul style="list-style-type: none"> wear a sun hat, long sleeved t-shirt, Use sun lotion, parasol (or umbrella) and sunglasses. Drink lots of water, <p>'Slip, Slop, Slap': Slip on clothes with a close weave that cover you up, Slop on some sunscreen and Slap on a hat.</p>	<p>To stay alive we need to breathe air/oxygen into our lungs. Drowning is what happens when we breathe water into our lungs and that means that no air can get in.</p> <p>To keep safe in water;</p> <ul style="list-style-type: none"> wear a life jacket, don't run near the water, listen to the lifeguard, always go with a grown up, don't play near the edge.  <p>'SAFE': Spot the dangers, Take Advice, Go with Friends, Learn what to do in an Emergency.</p>

Vocabulary

Accident	An unfortunate incident that happens unexpectedly and unintentionally, typically resulting in damage or injury.
Danger	The possibility of suffering harm or injury.
Emergency	A serious, unexpected, and often dangerous situation requiring immediate action.
Safe	Protected from or not exposed to danger or risk; not likely to be harmed or lost.
Situation	A set of circumstances in which one finds oneself
Speed	The rate at which someone or something moves or operates.
Traffic	Vehicles moving on a public highway.
Vehicle	A thing used for transporting people or goods,

Also see Curriculum Capture for Year 1/2 PSHE: Managing Risks as the learning links.