



Waterbeach Community Primary School

Curriculum Capture for Year 1/2 PSHE: Managing Risks

Key Knowledge and Skills	
<p>What is a risky situation?</p> <p>A risk is where there is a possibility that something might go wrong; someone might get hurt physically or emotionally or lose something.</p> <p>Some risky situations might be;</p> <ul style="list-style-type: none"> crossing the road walking along a wall asking a new child to play with them putting their hand up to answer a Maths question waiting for Gran in a different place to normal jumping over of off a bench <p>Suggest whether the danger comes from something they might do (e.g. not looking carefully, being too excited, being in the wrong place, not putting a seatbelt on), or the action of someone else (being pushed over, being told to go away).</p>	<p>How might I feel in a risky situation?</p> <p>Some risks help you to grow and move beyond your comfort zone, some risk teaches you about what you like and what you don't, and other types of risks can be dangerous with consequences for your health and wellbeing.</p> <p>People may feel and react differently to the risky situation they are in. Some may feel</p> <ul style="list-style-type: none"> Scared, Anxious Upset Frightened Excited <div style="display: flex; align-items: center; margin-left: 20px;">  </div> <p>Your body may also react by;</p> <ul style="list-style-type: none"> An unsettling feeling in the pit of stomach Butterflies Shaking/ trembling
<p>What information is important to know?</p> <ul style="list-style-type: none"> It important to know you name, address and telephone number. It is ok to share this information with people you trust, including family, school staff and health professionals. You might be asked for these personal details when they are ill, when they are lost, when someone wants to come over to play. 	<p>Safety</p> <p>Being safe means you are protected from abuse, neglect or harm.</p> <p><u>People who keep you safe:</u></p> <ul style="list-style-type: none"> Teacher Firefighter Doctor, paramedic, nurse Police Family <div style="text-align: right; margin-top: 10px;">  </div>
<p>How do I ask for help in an emergency?</p> <p>It feels good if you help or are helped, but that there are times when you might need help to stop you or someone else being hurt or being in danger (an emergency).</p> <p>Seek help from a trusted adult or adult who keeps you</p> <ul style="list-style-type: none"> Tell them your name and what the problem is. <div style="text-align: right; margin-top: 10px;">  </div>	<p>How do I keep myself safe?</p> <p>We may find ourselves in many different situations, some of them are safe and in some situations, there will be an element of risk involved but we can take measures to keep ourselves safer.</p> <ul style="list-style-type: none"> Think carefully about your situation Use your eyes and ears to look for danger Ask for help if you need it <div style="text-align: right; margin-top: 10px;">  </div>

Vocabulary	
Action	A gesture or movement, a thing done; an act.
Danger	The possibility of suffering harm or injury.
Emergency	A serious, unexpected, and often dangerous situation requiring immediate action.
Feel	Be aware of (something happening) through physical sensation.
React	Act in response to something; respond in a particular way.
Safe	Protected from or not exposed to danger or risk; not likely to be harmed or lost.
Situation	a set of circumstances in which one finds oneself

Also see Curriculum Capture for Year 1/2 PSHE: Safety Contexts as the learning links.