

Year 5 – Hilltop

22nd – 24th April

Why are we going on this trip?

"School trips with an overnight stay can be life changing experiences for young people"

Learning Away 2016

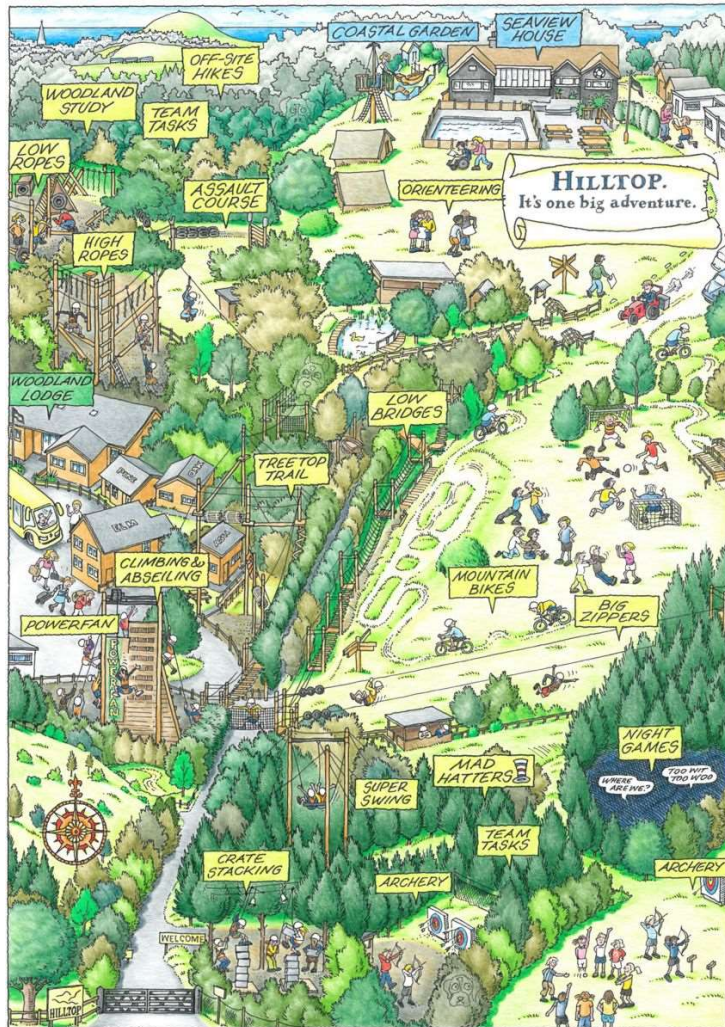
- Responsibility
- Teamwork
- Resilience – pushing the boundaries
- Problem solving
- Introducing new skills
- Independence





Setting off...

- Arrive at school on 22nd April at 8.30am.
- **One suitcase which each child must be able to carry on their own.**
- **EACH CHILD WILL NEED A PACKED LUNCH for the first day!**
- **Children should have a named water bottle!**
- Catch coach at 9.00am
- 11.30am Arrive at Hilltop.



HILLTOP SITE

About Us

Hilltop Outdoor Centre in Sheringham on the North Norfolk Coast is a high quality, family run and independent Outdoor Education Centre. Set in 26 acres of picturesque woodland Hilltop has modern facilities. There are two themed centres within the grounds, the rustic themed Woodland Lodge and the coastal styled Seaview House.

Our Ethos

'Challenge by Choice' is our ethos with the emphasis on Learning through Activity, Enjoyment, Discovery, Responsibility and Reflection.

Hilltop aims to promote the development of:

Self-Respect & Respect of others

Sense of community

Self-esteem, confidence and resilience

Cooperation

Personal Responsibility

Communication Skills



Accommodation Seaview House

- The children will be sleeping in rooms with other children.
- They will be told which room they are in on the day we leave.
- They will be expected to look after their sleeping space, keep everything tidy and make their own beds.
- Please do not bring any sweets etc for midnight feasts. The children are not allowed food in the rooms. They will have plenty of food provided.

Responsibility and Teamwork



Making their beds



Setting the tables



Getting dressed and keeping themselves clean




Helping and encouraging each other



Sharing a room with others



Thinking about how others feel



Hilltop Hologram Note Pads	£1.50
Hilltop Yellow / Green T-Shirts 9-11 or 12-13	£7.50
Hilltop Green Adult T-Shirts (Size Large)	£8.00
Hilltop Lanyards	£2.50
Hilltop Glitter Plastic Mug (Assorted Colours)	£2.50
Hilltop Fold Up Frisbee	£1.50
LED Torches	£2.75
Nature Buddies – Beanie Animals	£3.20
Hilltop Colourful Eraser / Air Jump Eraser	£0.60
Hilltop Karabiner Keyring (Assorted Colours)	£2.00
Farm Animal Puffer Ball	£2.35
Hilltop Teddy Bears	£4.90
Hilltop Stress Balls (Blue or Yellow)	£2.95
Hilltop Silicone Wrist Bands (Assorted Colours)	£1.00
Flight Arrow Pencil (Red, Silver or Gold)	£1.20
Hilltop Water Bottles (Yellow or Green)	£2.50
Hilltop Pen (Red, Blue or Green)	£1.00
Air Jump Magnet/Eraser	£0.60 each
Air Jump Keyring	£1.20

Gift Shop

£5 Max

- There is a small souvenir shop onsite. Children may bring a small purse with up to £5 (max) inside. The purse should be named and given to the staff on Wednesday morning where it will be kept safe.



Growth Mindset and independence

- This visit is about children being independent and thinking positively for themselves.
- It is recognised that for some children this will be a huge challenge.
- The school staff and staff at Hilltop are experienced in managing these issues.
- We do not allow mobile phones or electronic devices.
- We will be posting pictures on the school website when we have time to do so. **IF YOU DO NOT WISH YOUR CHILD TO HAVE THEIR PICTURE ON THE WEBSITE PLEASE EMAIL THE OFFICE!**



SUPER SWING

ABSEIL



BUSHCRAFT



ARCHERY

CAVING



***BEACH
VISIT***

**THE KITCHEN
PROVIDES
FABULOUS
BREAKFASTS,
LUNCHES AND
EVENING
MEALS.**



BREAKFAST

(Normally served between 7.30am-8.30am)

Orange juice, Selection of Cereals & Toast followed by hot option such as bacon, egg & hash brown or Sausage, Mushroom & Potato Waffle.

LUNCH

(Normally Served between 12pm-1.30pm)

Chicken & Tomato Pasta bake or Vegetable Soup with bread roll or Peperoni Pizza with a salad followed by homemade biscuit or cake such as a Flapjack or Cookie.

DINNER

(Normally Served between 5-6.30pm)

Group leaders pre select one whole group option for each night from a menu including: Homemade Lasagne with Salad & garlic bread, Roast Chicken, Sausages & Mash with Baked Beans or BBQ Chicken with Coleslaw and Wedges.

Followed by a homemade dessert such as Chocolate Sponge with Custard, Treacle Tart with Ice Cream or Fruit Cheesecake with Cream.



Kit list

- The children should pack their own bag so that they know where to find everything.
- Sleeping Bag NOT duvet
- Towel size – must fully cover children
- Lip balm might be useful
- Please bring multiple pairs of shoes in case one gets wet
- No electricals inc hairdryers
- No Food/Sweets
- No Spray Deodorant



HILLTOP KIT LIST

We advise not to pack any new or expensive items of clothing. Adventurous activity is likely to cause them wear and tear!



Bedding:

- Sleeping bag OR
- Duvet with duvet cover and bottom sheet
(Hilltop will provide pillows and pillowcases)

Footwear:

- Indoor shoes or slippers (not slipper socks)
- Outdoor shoes/boots/trainers (2 pairs). No crocs or flipflops
- Wellies (optional)

Useful Items:

- A labelled bin bag for wet or dirty clothes
- Torch and spare batteries
- Re-useable water bottle
- Hair bands
- Tuck Shop money (no more than £10, ideally in change)



Clothing:

- (make sure all items are named)
- Socks and underwear
 - Nightwear
 - T-shirts
 - Long sleeved tops
 - Fleeces/jumpers
 - Waterproof jacket
 - Leggings or trousers
 - Waterproof trousers
 - Clothes for the evening
 - Swimming kit

Toiletries:

- A wash bag (including shower gel, shampoo, toothbrush and toothpaste, hairbrush)
- Towel

Warm weather:

- Insect repellent
- Sun cream
- Sun hat
- Shorts

Cold weather:

- Woolly Hat
- Scarf
- Gloves

No Chewing gum

No Hairdryers

No Mobile phones

No iPods



No Games consoles

No Aerosols / Aerosol deodorant

No nuts or nut products

No electronic gadgets



Returning to school...

- The coach will pick us up at Hilltop at 1.30pm
- We should be back at school by 3.30pm
- We will be in communication with the school to let you know how we are getting on and if there is a significant change to the collection time.

To do before:

- Purses to be kept separately to hand in on the morning.

And finally...

Do you have any questions ?