

Links to Sources of Support

If, for any reason, you or your family are in danger and need support / to make phone calls in private, please come to the school office and ask for an appointment with Mrs Beech.

Support Source	Information	Website / contact
NSPCC	Wealth of advice and support	https://www.nspcc.org.uk/
Childline	24 hour helpline for children	https://www.childline.org.uk 0800 1111
Banardos	Believe in children	barnardos.org.uk
Cambridge Women's Resource Centre	Support for a wide range of needs.	https://www.cwrc.org.uk
Women's Aid	Working to end domestic violence against women and children	womensaid.org.uk
DASS - Domestic Abuse Advise Service	Local domestic abuse support service. You can self-refer.	DASS IMPAKT Housing & Support
National Domestic Abuse Helpline	Refuge – for women and children against domestic abuse	nationaldahelpline.org.uk 0808 2000247
The Hideout	Support for children and young people living with domestic violence	www.thehideout.org.uk
Safe Lives	Charity dedicated to ending domestic abuse	https://safelives.org.uk/
Young Minds	Charity committed to improving mental health of children and young people.	http://www.youngminds.org.uk/
MIND	Information and advice about mental health issues.	www.mind.org.uk
Keep Your Head	Mental Health Service Links to lots of advice and other services.	keep-your-head.com