

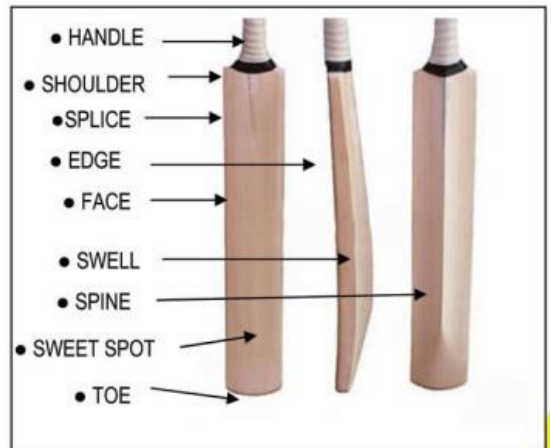


# Waterbeach Community Primary School

## Curriculum Capture for Year 5 PE: Games Cricket

Key Knowledge	
<p><b>Effective catching technique.</b></p> <ul style="list-style-type: none"> <li>• Watch the ball at all times.</li> <li>• Keep your head still.</li> <li>• Use your eyes to focus on your partner and your ball.</li> <li>• Get your hands ready to catch the ball as it arrives.</li> <li>• Bend your knees slightly so you can spring high or crouch low.</li> <li>• Use your feet to get into a good position to catch</li> <li>• Use your non-throwing arm to aim at the target</li> </ul>	<p><b>Effective bowling technique.</b></p> <ul style="list-style-type: none"> <li>• Stand sideways on to the target.</li> <li>• Aim at the target using your non-bowling arm.</li> <li>• Keep arm straight.</li> <li>• Focus on where the ball bounces first: One bounce before the wickets.</li> <li>• Focus on accuracy: Aim at the target using your non-bowling arm – the arm without the ball in.</li> <li>• Test out overarm and underarm throw/bowl.</li> </ul>
<p><b>Effective striking technique.</b></p> <ul style="list-style-type: none"> <li>• Watch the ball.</li> <li>• Watch where you're going.</li> <li>• Strike the ball lightly to control your ball.</li> <li>• Bend your knees and stand sideways on.</li> <li>• When striking – step towards the ball and hit.</li> <li>• Before the ball is bowled, batter says which fielder they will aim at and tries to hit the ball past them through marked zone.</li> </ul>	<p><b>Use effective catching technique combined with keen observation in the fielding role.</b></p> <ul style="list-style-type: none"> <li>• Use your eyes to watch the ball when catching and to focus on the target</li> <li>• Use your non-throwing arm to aim at the target</li> <li>• Bend knees, get low so you can drop low or spring high to take a catch!</li> <li>• Why is it important that we all play by the rules?</li> <li>• How does it make you feel when others cheat?</li> <li>• Who would we give fielder of the match &amp; why?</li> </ul>

Vocabulary	
Batsman	The player currently batting and being bowled to.
Boundary	The perimeter of the ground.
Bowler	Player on the fielding side who bowls to the batsmen.
Delivery	Act of bowling the ball.
Dismiss	Get one of the batsmen out.
Fielder	Player whose job is to catch or collect the ball in the field after a batsman hits it.
Innings	One player's, or team's, turn to bat.
Over	Six consecutive balls by one bowler.
Shot	Strike on the ball with the bat.
Single	One run scored by the batsmen running once between the wickets.
Wicket	A set of stumps and bails.



Key Skills
Use running, jumping, throwing and catching in isolation and in combination.
Play competitive games, modified where appropriate, and apply basic principles.
Pupils should enjoy communicating, collaborating and competing with each other.

