



Waterbeach Community Primary School

Curriculum Capture for Year 6 PE: Games – Tag Rugby

Key Knowledge

To develop the action of tagging a player. To use TAG belts correctly.

- Introduce TAG belts: Pull Tag off opponent player to show that you have tackled them. Must shout "TAG".
- Discuss beforehand and during; attackers need to run into space, dodge the defender, try to pass before being tagged and stay behind ball carrier. Defender needs to keep head above waist when going for tag and focus on the tag. Discuss when to make the decision to pass / offload the ball.

To be able to dodge and use space effectively. To run with the ball, make effective passes and keep possession of the ball.

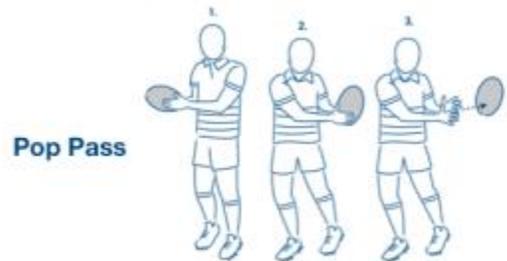
- Discuss what works well to avoid the tagger - dodging, light and quick feet.
- Emphasise importance of running with the ball to beat defender to get a clear pass to team mate.
- Opposite of netball but same as basketball and hockey.
- Discuss what works well to be a good tagger - chasing, when to tag, light and quick feet.

To run with the ball, make backwards passes, keep possession of the ball to score a try in end zone.

- Spread fingers out along the long side of the ball (not at the pointed ends) and hold it with a good grip.
- Use both hands and carry the ball in front of you at waist height. Bend the knees and place the ball on the ground, the ball must be stationary and placed, do not drop it. Keep the head up, eyes open, look for space.
- A pop pass is a short 1-2 metre pass for short distances where the ball almost hangs in the air. The goal is to get the ball to travel slightly upwards instead of laterally. The technique involves more of a flick of the wrists upwards. Keep the head up, eyes open, look for space. Stop pupils and ask them to suggest ways they can improve their technique.
- Discuss the flat passing technique so the flight of ball is correct; if passing from right to left, have the left hand towards top of the ball, right towards the bottom, hold ball near right hip, move ball across the body and extend arms towards target/partner, aim at stomach area, receiver/partner to have palms open and hands rugby ball width apart.

Vocabulary

Dodge	Moving out of the path of the opponent players to avoid their tackle.
Pass	Throwing the rugby ball to a teammate.
Communicate	Talking within your team to make sure that the players know what each other are planning.
Decision making	Choosing what to do next in the game according to what would work best for your team.
Receive	When your teammate throws the ball to you.
Teamwork	Communicating with your teammates and making decision that help the team and not just yourself.
Try	Placing the ball down on the ground at the opponent's end of the pitch to score a point.
Space	An area of the pitch where you or your teammates do not have an opponent close to them.
Tactics	A strategy or plan.



Tag Belt



Key Skills

- Apply skills and techniques to small and larger game situations.
- Use tactics and strategies to improve performance.