



# Waterbeach Community Primary School

*Learning - Laughter - Friendship*

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Dear Year 5/6 Parents and Carers,

## **Health Related Behaviour Survey 2023 Cambridgeshire and Peterborough Primary Schools**

Our school, along with all Cambridgeshire and Peterborough Primary Schools, has been invited to participate in a very important Health Related Behaviour Survey amongst young people. The promotion of the health and wellbeing of our children has always been important to us and now it is a statutory responsibility for all schools. OFSTED will ask us to evaluate how well we are doing in this area and will require us to provide evidence of our success when we are inspected.

The information about our pupils' behaviour, feelings and opinions will be very valuable in helping us to:

1. Identify what we are doing well and where we need to improve
2. Make sure what we are doing and planning meets our pupils' needs
3. Work better with parents, carers and partners in our community
4. Ensure that children's voices will be heard.

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 40 years.

The questions concern a wide range of health behaviours, for example:

Home and Family	Relationships, emotional health and well-being
Tobacco, Alcohol (Year 6)	Leisure and money
Healthy Eating	Exercise
Drugs (Year 6)	

Many schools have used the information gathered from the survey to inform and promote discussion in events and meetings with parents and carers.



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Over 3000 schools nationally have used the survey, many of them regularly repeating it. In our school we will use the survey with our Year 5 and 6 pupils. Both the Local Authority and the school find the content of the questionnaire acceptable and appropriate for this age group; it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to school. The Local Authority will receive only the summary of all schools in which individual schools are not identified.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise and I look forward to working with you in planning improved health promotion for our pupils. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.

As part of the survey, it will be helpful if your child brings their postcode (only part of this will be used; your house will not be identified).

The survey will be carried out in the week beginning 4<sup>th</sup> or 11<sup>th</sup> December 2023.

Yours sincerely,

Jane Green  
Headteacher



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