



Waterbeach Community Primary School

Curriculum Capture for Year 2 PSHE: Growth Mindset

Key Knowledge and Skills

How do we feel when we make a mistake?

- When we make a mistake in our learning, it is easy for us to feel sad, upset, unhappy, rubbish, bad at the learning, defeated, discouraged, frustrated.
- These feelings can take us into a learning hole or pit, where we feel we cannot do it or just don't get it.
- Having a growth mindset can help your from falling into a learning pit.

Saying things such as:

I can't do this yet...

I will try another way of doing it!

I can make this even better!

This was my first try.

I'm enjoying a challenge!

I am good at this because I have practised.

This will take me some time but I will keep trying my best.

What can I use/do to overcome this tricky challenge?

What are the characteristics of effort?

People who have a growth mindset

- Persevere
- Try again
- Keep trying to learn new things
- Practise
- Find a new strategy to help them learn

People who have a fixed mindset

- Choose easy work
- Like being the first to finish
- Want to be seen as clever
- Give up easily when challenged
- Say they can't do it.



What is a learning challenge?

Learning can be similar to climbing a mountain. It can be challenging and you need to practise and have help to overcome the difficult parts.

A learning challenge is a learning behaviour that the children wish to improve e.g. to not worry about making a mistake or to try harder on writing.



What can girls do?

There are no limits to what children can become, whatever their gender. It is important for children to know that Girls and Boys can do any job they wish, they are not defined by their gender.



Dancer



soldier



nurse or doctor

Vocabulary

Growth Mindset	When people believe that anyone can learn anything through hard work, practise and time. They embrace challenge!
Fixed Mindset	When people believe that their qualities and knowledge are fixed from birth and cannot be changed. E.g. "I have always been rubbish at maths!" They do not like challenge!
Behaviour	The way in which one acts or conducts oneself.
Challenge	A task or situation that tests someone's abilities.
Mistakes	When you get something wrong.
Persevere	To continue in a course of action even in the face of difficulty.
Practise	To perform (an activity) or exercise (a skill) repeatedly or regularly in order to acquire, improve or maintain proficiency in it.