



# Waterbeach Community Primary School

## Curriculum Capture for Year 2 PSHE: Anti-bullying

Key Knowledge and Skills	
<p><b>What is bullying?</b></p> <ul style="list-style-type: none"> <li>Bullying is deliberate, repeated unkind behaviour towards someone else.</li> <li>It can be physical, such as hitting somebody or verbal, such as calling someone names.</li> <li>It can be direct or indirect, such as leaving someone out of activities.</li> <li>Cyberbullying is bullying that happens on the internet, such as receiving nasty messages.</li> </ul>	<p><b>Why do some people bully others?</b></p> <ul style="list-style-type: none"> <li>People may bully someone because they are different in some way.</li> <li>A person may not feel good about themselves so they make other people feel bad by bullying them.</li> <li>It is a good thing that every person is an individual and that no two people are the same.</li> <li>No-one ever deserves to be bullied.</li> </ul>
<p><b>How might someone feel if they are being bullied?</b></p> <ul style="list-style-type: none"> <li>Being bullied can make a person feel unhappy or bad about themselves.</li> <li>A person may lose confidence in themselves and become withdrawn from other people.</li> <li>Being bullied can make a person feel lonely because no-one is helping to stop the bullying.</li> <li>If we see bullying happen it is important we tell an adult as we can help to stop it.</li> </ul>	<p><b>How do bullies and bystanders feel?</b></p> <ul style="list-style-type: none"> <li>Bullies may try to hurt others as they are unhappy themselves.</li> <li>People who are not the bullies but do nothing to stop what is happening are called 'bystanders'.</li> <li>Bystanders may not like what is happening but can be worried that they will be bullied if they try to stop it.</li> <li>A bystander can tell an adult what has happened or leave the group that is doing the bullying.</li> </ul>
<p><b>Who can help me if I am being bullied?</b></p> <ul style="list-style-type: none"> <li>If a child is being bullied or thinks they are being bullied, there are different people they can speak to who can help them – school adults, family and friends.</li> <li>It is important to tell others if bullying is happening so it can be stopped and sorted out.</li> </ul>	<p><b>How can I keep myself safe from bullying?</b></p> <ul style="list-style-type: none"> <li>Being assertive and explaining clearly to others how we are feeling can help stop bullying.</li> <li>Being passive or aggressive will not help to stop bullying.</li> <li>If bullying is happening a child can tell the person to 'stop' if it is safe to do so, find other children to play with or tell an adult at the time what is happening.</li> </ul>



**Calling another person names is verbal bullying.**



**Cyber bullying does not happen in person and happens on the internet through using ipads, computers or smartphones.**

Vocabulary to resolve conflict	
<b>Physical Bullying</b>	A person uses their body to hurt or control others, such as punching, kicking or pinching.
<b>Verbal bullying</b>	Words are said to another person to hurt their feelings, such as being called names or insults.
<b>Cyber bullying</b>	A form of bullying that happens on the internet on computers, ipads or smartphones. A person may be sent unkind messages or blocked by others on apps such as games.
<b>Passive behaviour</b>	Not actively doing anything to change a situation and allowing others to take control.
<b>Assertive behaviour</b>	Showing confidence in a situation and taking more control.
<b>Aggressive behaviour</b>	Being physically or verbally angry towards other people.
<b>Respect</b>	Showing politeness or honour to someone or something.