



Waterbeach Community Primary School

Curriculum Capture for Year 6 PSHE: *Myself and My Relationships*

Theme: Anti-Bullying

Key Knowledge/Skills	
<p>To be able to define bullying including the key characteristics and forms of bullying.</p> <ul style="list-style-type: none"> To describe the key characteristics of bullying i.e. painful, persistent, planned, powerful. To share my views and opinions on what constitutes bullying behaviour. To use the key characteristics of bullying to judge when hurtful behaviour is bullying and when it is not bullying. To describe a simple definition of bullying. To explain how bullying involves an imbalance of power. To explore bullying behaviour and identify how someone is misusing power to bully others. 	<p>To understand and be able to compare and contrast different forms of bullying i.e. physical, verbal, indirect, cyberbullying.</p> <ul style="list-style-type: none"> To describe and give examples of physical bullying. To describe and give examples of verbal bullying. To describe and give examples of indirect bullying (e.g. <i>exclusion, giving people nasty looks, gesturing, spreading rumours</i>). To describe and give examples of cyberbullying (e.g. <i>misuse of mobile phones, chatrooms, instant messaging services</i>). To describe the damaging effects of each form of bullying. To compare and contrast each form of bullying in terms of its damaging effects.
<p>To recognise similarities and differences in the bullying behaviours of girls and boys.</p> <ul style="list-style-type: none"> To describe ways that girls and boys can be unkind to each other. To describe some of the indirect methods of bullying that girls may use. To describe some of the harmful effects of indirect bullying. To explain some of the general differences between the ways in which girls and boys bully others. 	<p>To understand personal factors or circumstances that may cause someone to engage in bullying or become a target of bullying.</p> <p>To describe factors and circumstances that sometimes lead to someone bullying another person (e.g. <i>emotional upset such as anger and jealousy, wanting to be in control, not being able to consider other people's feelings</i>).</p> <p>To describe factors and circumstances that sometimes make someone vulnerable to becoming a target of bullying (e.g. <i>non assertive and withdrawn behaviour, aggravating behaviour, being perceived as different in some way</i>).</p>

Key Vocabulary	
Stereotype	A category, or a group, that we put people into. When we stereotype, we think of a group and we give everyone in that group certain characteristics. For example, supermarkets making pink lunch boxes for girls and blue ones for boys, because they think that are the only colours that they like.
Bullying	Unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated over time.
Circumstance	The situation that someone is in.
Power imbalance	When one person has, or feels that they have, power over another.
Characteristics	Features or things about something. (E.g. An imbalance of power is one of the characteristics of bullying).

