



# Waterbeach Community Primary School

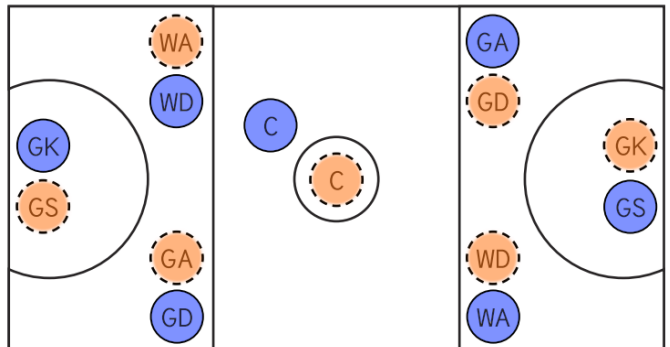
## Curriculum Capture for Year 5 PE: Games – Netball

Key Knowledge	
<p><b>Be able to handle the ball with control, using a variety of passes.</b></p> <ul style="list-style-type: none"> <li>Ensure feet are in a good position, opposite leg forward to arm that is throwing for the <u>shoulder pass</u>; follow through with the arm to aim at the target.</li> <li>Bounce and chest passes, hands and fingers spread, fingernails facing the chest and push the ball two handed to the floor (<u>bounce pass</u>) or to the partner's chest, (<u>chest pass</u>).</li> </ul>	<p><b>Have developed tactical attacking play by varying speed of movement, direction and communication.</b></p> <ul style="list-style-type: none"> <li>To be a successful attacking player, varying speed and changing direction to move into a space are key skills.</li> <li>Push off with feet to change direction rapidly, allowing you to move away from nearby opponent players.</li> <li>Maintain constant communication with your team, calling for the ball if you need it and offering options to the player who currently in possession.</li> </ul>
<p><b>Be able to use tactical defending play by using a variety of footwork techniques and one-to-one player marking</b></p> <ul style="list-style-type: none"> <li>One player sticks to one player all the time. Why do we mark the payer? A= to try to stop them getting the ball and then intercept the pass.</li> <li>Encourage pupils to be aware of position of all player on the court. Identify who you think will receive the ball, draw a mental line between them, and put yourself in the way of this line to block the pass.</li> </ul>	<p><b>To develop an accurate shooting technique.</b></p> <ul style="list-style-type: none"> <li>Feet position balanced, one slightly in front of the other.</li> <li>Ball held by dominant hand, fingers spread backwards, ball above head, and other hand at the side of the ball to steady its position.</li> <li>Aim and push/flex the elbows, flick the wrist.</li> </ul>

Vocabulary	
Send	Passing the netball to a teammate when you have possession.
Receive	The player in possession passes the netball to you.
Space	Area of the playing field where there is no opponent and room to receive the ball.
Movement into space	Moving across the court to an open area where you can safely receive the ball without an opponent blocking the pass.
Small-sided games	Playing a version of netball with a reduced number of teammates to simplify the gameplay and allow each player more time handling the ball.
Game principles	Key skills, techniques and tips that help players succeed.

Key Skills	
Consistent performance of ball handling skills with control and accuracy within the competitive game situation.	
Application of attacking and defending strategies into small-sided competitive games.	
Develop a wider range netball specific skills of send, receive, avoid, dodge, attack, defend, movement into / out of space and apply in to small-sided and modified competitive invasion games.	
Develop the playing of games in groups; an understanding of game principles and space related to attack and defence.	

### Netball Positions



- |                   |                   |
|-------------------|-------------------|
| <b>Team 1</b>     | <b>Team 2</b>     |
| GK – Goalkeeper   | GK – Goalkeeper   |
| GD – Goal Defence | GD – Goal Defence |
| WD – Wing Defence | WD – Wing Defence |
| C – Centre        | C – Centre        |
| GA – Goal Attack  | GA – Goal Attack  |
| WA – Wing Attack  | WA – Wing Attack  |
| GS – Goal Scorer  | GS – Goal Scorer  |

