



# Waterbeach Community Primary School

## Curriculum Capture for Year 5 PE: Games – Football

### Key Knowledge

#### To pass and intercept the ball on the move with accuracy and control.

- Using the inside of the foot to pass and using the inside of foot to cushion ball and bring the ball under control.
- Place the opposite foot by the ball, look at the ball.
- Follow through so that leg aims at where the pupil wants the ball to travel to.
- Encourage pupils to look at where to pass, then pass, then move forwards.

#### To develop dribbling and turning with the ball with increasing control.

- Remind pupils of the dribbling technique and to keep the ball under control and close to their feet.
- Use the inside of the foot/feet, not the toes.
- Ball should be kept close to the feet, approximately 50cm.
- Encourage pupils to look up as well as looking at the ball.
- Use the inside of both feet.

#### To develop the skills of shooting at a goal/target with increasing accuracy and power.

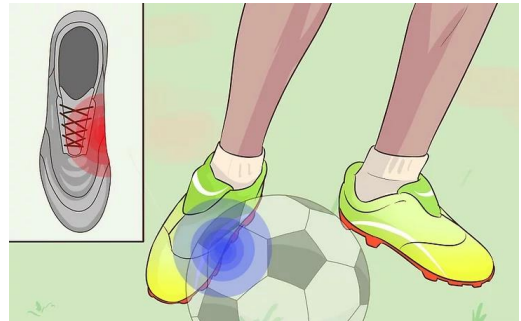
- Place non-kicking foot close to the ball and strike ball with instep of other foot, eyes on the ball.
- Swing and extend leg through in direction the ball needs to travel.
- Emphasis on rotation of hips to gain power.
- Encourage two touch technique = receive and control with one touch and then shoot or pass with the second touch.

#### To introduce tackling, both static, on the move and in game play.

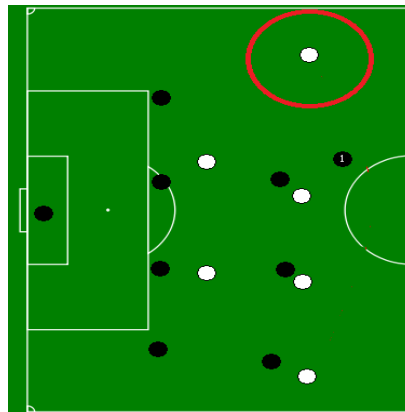
- Tackle face to face, never from behind.
- Feet to feet contact only.
- Weight forwards and use the inside of the foot in a slab/block action against the ball.
- Repeat if not gained possession of the ball.
- Keep the ankle and leg firm when making the tackle.
- Look at the ball. Aim is to block the ball rather than kick it.

### Vocabulary

Invasion game	A game where the aim is to attack the opponent's territory and score a point.
Control	Using a touch / touches of the ball to put it into the right position for the next move.
Attacking	The team that is currently invading the other team's territory.
Defending	The team that is currently trying to block the other team from scoring a point.
Space	Area of the playing field where there is no opponent and room to receive the ball.
Role	What a player is focussed on – defending, attacking, supporting, creating pressure etc.
Static	Practising ball skills while not travelling.
On the move	Practising ball skills while travelling.
In game play	Practising ball skills while playing a game.



**Using the inside of the foot to pass**



The circled player has found space to receive the ball, as no opposing players are close to them.

### Key Skills

Pass, intercept and receive the ball with control and accuracy.

Dribble and turn with the ball under control in various different skill situations.

Shoot with some accuracy and develop power and then more accuracy.

Develop team play, passing the ball and moving into space.